Easter TIMETABLE



1st - 17th April

WHAT'S ON?

School holidays are here and there is plenty on to keep children and young people entertained!
Check out our guide to national and local activities running remotely this Easter for all age groups, including fitness, dance, discussion groups, theatre, outside events and more...

CSL's Heston Holiday Hunt! 5th - 9th April

Join us on a family adventure hunt around your local area. Capture the creative clues to reveal the secret message and win your prize!

Limited places - sign up at CreativeSpacesLondon.org to reserve your spot!

Thursday 1 April

Drawing Class - (cost - £2.50) 4.30 - 5.30pm LIVE Skipz Productions - Click here

Bounce Theatre

(Ages 10-14) Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily! YouTube - Click here

Virtual Dance Challenge

Check out LYG Virtual Dance – Week 6 challenge – deadline for submission Friday 9th at 12pm! Click here

Please note: events/ resources with no specific time can be accessed on any day using the link provided

Friday 2 April

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily! YouTube - Click here

Family Activities From Home-Start

Click here

Watermans Children's Theatre

Myths and adventures from Ancient Greece: Persephone (Ages 7-11) Click here

British Orienteering Xplorer course

Orienteering trail for all ages & families in Hanworth Park and Bedfont Lakes Click here

Saturday 3 April

Inclusive Cycling

Inwood Park (4 sessions) LIVE 10.30 - 11.15am 11.45 - 12.30pm 1.30 - 2.15pm 2.45 - 3.30pm To book email:

all.ability@bikeworks.org.uk

The 2.6 Challenge

Click here

CBeebies - Gardening With Kids

Click here

Online Bootcamp

OurParks Bootcamp session – online sessions (Ages 16+)
Click here

Sunday 4th April

Easter Sunday













Monday 5 April

Online Drama Class

5-6pm LIVE Riana Development Network's online Drama club

Click here to sign up

Woodland Trust Nature Activities

Click here

Online Dance Class

Dance West online classes for preschool

(Ages up to 16 years)

Click here

Superhero Fitness

Are you a superhero? Check out Superhero fitness

(Ages 4-7)

Click here

Tuesday 6 April

Singing Class (cost - £2.50)

4.30 - 5.30pm LIVE

Skipz Productions - Click here

Football & Fitness - Brentford FCCST LIVE

For school years 2,3,4 and 5

5 - 5.45pm - Click here

For school years 9, 10, 11 and 12

6 - 6.45pm - Click here

Quick Fire Chats - Brentford FCCST LIVE

5-6.30pm

Discussion group (Ages 15+)

Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily!

YouTube - Click here

Fitfun YouTube Videos

(Ages 5-11)

Click here

Wednesday 7 April

Learn Hounslow - Family Fitness Workshop At Home (Ages 5+)

10.30 - 11.30am LIVE Call 0208 583 6000 to enrol

Bounce Theatre

4.30 - 6pm LIVE

Wind-down-Wednesdays

(Ages 5 - 11)

Click here

Online Dance Class LIVE

4.30 - 5.30pm (cost - £2.50) Skipz Productions - Click here

Games Night - Brentford FCCST

6 - 7 pm (Ages 13-18) LIVE

Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily!

YouTube - Click here

Thursday 8 April

Employability Skills - Brentford FCCST LIVE

4.30 - 5.30pm (for ages 15+) **limited places**

Click here

Online Drawing Class - (cost -

£2.50) LIVE

4.30 - 5.30pm

Skipz Productions - Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) dailv!

YouTube - Click here

CSL's Outdoor Scavenger Hunt!

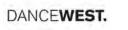
Try out a Scavenger Hunt outdoors, or colour in and send some cheery Positive Post cards to family and friends.

Limited packs available contact -CreativeSpacesLondon.org to reserve yours!













Friday 9 April

Learn Hounslow

11 - 12.15pm LIVE
Create Seasoning Blend for
Nutritious Veggies (Ages 8+)
Call 0208 583 6000 to enrol

Online Detective Class

(cost - £2.50) LIVE 4.30 - 5.30pm Skipz Productions - Click here

Watermans Children's Theatre

Myths and adventures from Ancient Greece: Midas

(Ages 7-11)

Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily!

YouTube - Click here

Couch To Fitness Programmes - Our Parks

Click here

Saturday 10 April

Watermans Children's Theatre

Myths and adventures from Ancient Greece: Pandora (Ages 7-11)

Click here

This Girl Can

Check out all the activities here

Sunday 11 April

Outdoor Gym!

Have you tried our Outdoor Gyms?

Inwood Park, Redlees Park, Feltham Park, Hanworth Park, Bedfont Lane Open Space, Bedfont Lakes (Ages 14+)

Monday 12 April

Healthy Eating Education Session One You Hounslow LIVE

11 - 12pm - Zoom link <u>here</u> Meeting ID: 962 9089 1718

Passcode: 955391

Learn English And Maths Through

Drama (cost - £2.50) LIVE 4.30 - 5.30pm

Skipz Productions - Click here

Who Runs The World? Girls Only -

Ages 13+ - Brentford FCCST

4 - 5.30pm - Click here LIVE

Online Drama Class

5 - 6pm LIVE
Riana Development Network's
online Drama club

Click here to sign up

Dance On Demand - ZooNation

Click here

Tuesday 13 April

Healthy Eating Education Session One You Hounslow LIVE

11 - 12pm - Zoom link <u>here</u> Meeting ID: 989 4588 0851 Passcode: 441435

Create Simple Bath Cosmetics - Learn Hounslow LIVE

11 - 1pm - **(Ages 8)** Call 0208 583 6000 to enrol

Disability Sport Coach LIVE

12.30 - 1pm - Dance and Celebrate 4.30 - 5pm - Basketball

Click here for more information

Online Singing Class - (cost - £2.50)

4.30 - 5.30pm LIVE

Skipz Productions - Click here

Continued next page...















Tuesday 13 April

Football & Fitness - Brentford FCCST LIVE

For school years 2,3,4 and 5

5 - 5.45pm - Click here For school years 9, 10, 11 and 12

6 - 6.45pm - Click here

Quick Fire Chats - Brentford FCCST

5 - 6.30pm LIVE

Discussion group (Ages 15+)

Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily!

YouTube - Click here

Wednesday 14 April

Healthy Eating Education LIVE Session One You Hounslow

11 - 12pm - Zoom link here Meeting ID: 910 0642 7806 Passcode: 781655

Online Dance Class LIVE

4.30 - 5.30pm (cost - £2.50) Skipz Productions - Click here

Games Night - Brentford FCCST

6 - 7 pm (Ages 13-18) LIVE Click here

HIIT Sessions!

Online physical activity sessions (HIIT, Yoga, Flexibility, Rugby Skills) daily! YouTube - Click here

Feltham Arts -**Download Free Art Activity** Book

Click here

Thursday 15 April

Healthy Eating Education LIVE Session One You Hounslow

11 - 12pm - Zoom link here Meeting ID: 912 9197 5549 Passcode: 060878

Disability Sport Coach LIVE

12.30 - 1pm Circus Skills 4.30 - 5pm Dance Party Click here for more information

Saturday 17 April

Disability Sport Coach LIVE 11 - 11.30am - Triathlon Challenge Click here for more information

Friday 16 April

Disability Sport Coach LIVE

12.30 - 1pm - Boxing 4 - 4.30pm - 1 year on awards 4.30 - 5pm- Best of the year quiz Click here for more information

Scan here using your smartphone



SCAN ME

