

# Claim your free school meal...

I saved more than £350 and hours of time on making lunches

I get a tasty, nutritious meal for free every day

Our school gets £hundreds extra for every registered pupil



## ...and everyone's a winner!

To find out whether you qualify talk to your school or your council about free school meals today.



**CHILDREN'S  
FOOD TRUST**  
Eat Better Do Better

# Free School Meals

Your child may be entitled to receive free school meals if you are entitled to receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income that does not exceed £16,190

## Think of the time you'd save

You could save up to **190 hours** a year, which is the time needed to make packed lunches that meet the nutritional standards of school meals – that's just over a week!



## Savings for your family

You could save around **£350 per year** if your child qualifies for free school meals.



## Our school will receive extra funding

Our school receives **£hundreds in Pupil Premium** funding for every child registered for free school meals.



## For more information and to find out if you qualify...

Talk to your school or your local council about free school meals today!

