

Psychology Top 10 KS5 Reading List

Top Reads

The Man Who Mistook His Wife for a Hat and Other Clinical Tales - Oliver Sacks

Predictably Irrational - Dan Ariely

BIASED Uncovering the hidden prejudices that shape our lives - Dr Jennifer L. Eberhardt
(Recommended by Mrs Nandra) An excellent read about how subtle unconscious biases can lead to enormous disparities and most importantly, how we can overcome this.

Easy Reads

50 Great Myths of Popular Psychology: Shattering Widespread Misconceptions About Human Behavior - Scott O. Lilienfeld, Steven Jay Lynn, John Ruscio & Barry Beyerstein

Thinking, Fast and Slow - Daniel Kahneman

Blame my brain, The amazing teenage brain revealed - Nicola Morgan (if you enjoy this then try the next book here, also written by Nicola Morgan)

The Teenage Guide to Stress - Nicola Morgan

Enrichment Reads

Man's search for meaning - Viktor E Frankl

Talking with Psychopaths and savages. Beyond Evil - Christopher Berry-Dee (Recommended by Mrs Nandra) Quite harrowing and chilling BUT really insightful, especially for those of you thinking about careers in Forensics and/or criminology.

The Hero - Lee Child If you enjoyed the Jack Reacher series, then you'll enjoy Lee Child's look at why we love a good hero!

Challenging Reads

Why we sleep. The new science of sleep and dreams - Matthew Walker

I alone can fix it. Donald J. Trump's catastrophic final year - Carol Leonnig & Philip Rucker Some excellent links to the Social Influence topic in this book (Recommended by Mrs Nandra)

The Gendered Brain. The new neuroscience that shatters the myth of the female brain - Gina Rippon